

# WALTHAM SECONDARY LUNCH MENU

## December 2011

Lunch is \$2.25, Reduced \$0.40      Breakfast is \$1.00, Reduced \$0.30

**All lunches include choice of milk and choice of fruit.**

*Hot breakfast is available daily in all schools.*

Menu is subject to change. Please try to pre-pay for your lunch by the week or month.

***The Vegetable of the Month is the Squash***



Monday	Tuesday	Wednesday	Thursday	Friday
5 Orange Juice Egg McWaltham on a Wheat English Muffin Hash Brown Pattie Orange Smiles	6 Chicken Scampi over Wheat Spaghetti Leafy Green Salad Garlic Wheat Roll Seasonal Fruit Selection	7 <b>Nachos</b> Seasoned Meat Salsa & Cheese Sauce Mexicali Corn Strawberries	8 Minestrone Soup Toasted Cheese on Wheat Bread <b>Roasted Squash &amp; Apples</b>	9 Chicken Nuggets Sweet Potato Rounds Veggie Dippers Wheat Roll Chilled Peaches
12 Rib-B-Que Sub Corn Cobette Cole Slaw with Shredded Carrots Spiced Apple Slices	13 General Tsao's Chicken with Broccoli Steamed Rice Fruit Selection	14 Burrito Refried Beans Mexican Style Rice Petite Banana	15 Roast Turkey <b>with all the fixings</b> Mashed Potatoes <b>Butternut Squash</b> Gravy & Stuffing Apple Crisp	16 Stuffed Shells with Marinara Sauce Carrot Coins Italian Bread Strawberries
19 Macaroni & Cheese Peas & Carrots Garlic Wheat Roll Chilled Fruit Cocktail	20 Tuscan Bean Soup Grilled Chicken Sandwich Leafy Green Salad Fresh Apple	21 Teriyaki Chicken Veggie Fried Rice Asian Style Green Beans Petite Banana	22 <b>Chickie's Beef Stew</b> Loaded with Potatoes, Peas & Carrots Oven Fresh Breadstick Fruit	23 100% Fruit Juice Steak & Cheese Sub Peppers & Onions Macaroni Salad Seasonal Fruit Selection

Available daily

Sandwiches, Fresh Pizza, Hamburger, Chicken Pattie,  
and Luncheon Salads



[www.walthampublicschools.org/food](http://www.walthampublicschools.org/food)

